



## Congress Roadmap for Students & First Timers

### Saturday, May 18

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| 9:00 a.m.-10:30 a.m.  | Pivot to Positivity   |
| 11:15 a.m.-12:15 p.m. | Hospital to Home—Same Day Discharge After Total Joint Replacement<br><br>Improved Outcomes—Using a ‘Fast Track’ Approach to Pre-surgery Glucose Optimization<br><br>Mobility as a Clinical Care Priority to Prevent Delirium and Falls in Elderly Hospitalized Patients |
| 1:45 p.m.-2:45 p.m.   | From Sheets to the Street FASTER<br><br>Move the Bed Out of the Way and Get Back to Baseline to Prevent Falls   |

### Sunday, May 19

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| 11:15 a.m.-12:15 p.m. | The Total Journey of a Total Shoulder Arthroplasty  |
| 2:45 p.m.-4:15 p.m.   | Lowering Hip Fracture Mortality Rates Utilizing Early Mobilizations<br><br>Reduction of NPOA Aspiration Pneumonia in Orthopaedic Patients through Improving Swallow Screening Process |

### Monday, May 20

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| 11:00 a.m.-12:30 p.m. | Social Determinants of Health: The Orthopaedic Nurse Role in Promoting Health Equity and Improving Patient Outcomes |
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